



VEGAN MENU

APPETIZERS

Crudites Display (v, vg, gf)

with Vegan Green Goddess Dressing

Roasted Vegetables Display (v, vg, gf)

with Hummus

Charred Brussels Sprout Crostini (v, vg)

Fruit Skewers (v, vg, gf)

Vegan Stuffed Mini Peppers (v, vg, gf)

with Vegan Sriracha Aioli

Crudités Shooters (v, vg, gf)

with Creamy Hummus

Avocado Bruschetta Toast (v, vg)

Hummus Crostini (v, vg)

Fried Tofu with Dijon Aioli (v, vg)

Bruschetta Station (v, vg)

Served on Toasts including Traditional Hummus, Olive Caper Tapenade, Caramelized Onion, Tomato Basil Salsa, Marinated Olives

Southern Biscuit Bar

Homemade Biscuits served with Local Honey, Vegan Buttery Spread, Various Jams and Fruit Preserves

SALADS

Mixed Green Salad (v, vg, gf)

with Carrots, English Cucumbers, Grape Tomatoes, and Balsamic Vinaigrette

Southwest Salad (v, vg, gf)

Corn, Tomatoes, Black Beans and Romaine Lettuce with a Lime Vinaigrette

Quinoa Vegetable Salad (v, vg, gf)

Fluffy Quinoa with Seasonal Vegetables

Vegan Southern Fare Salad (v, vg, gf)

with Fried Black-eye Peas, Cucumbers, Tomatoes, Carrots with Apple Cider Vinaigrette

Cucumber and Tomato Salad (v, vg, gf)

Sliced Cucumbers and Tomatoes with Red Onion and Fresh Herbs

(v) vegetarian (vg) vegan (gf) gluten free

Prices are subject to change without notice.

We reserve the right to make small changes to the menu, if key ingredients are unable to be sourced due to reasons beyond our control.

MENUMAKERCATERING.COM | INFO@MENUMAKERCATERING.COM | 615.791.9779 | 102 ALPHA DRIVE, FRANKLIN, TN 37064



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ENTRÉES

Roasted Cauliflower Steak (v, vg, gf)
with Chimichurri Sauce

Grilled Vegetable Kebobs (v, vg, gf)
Marinated Grilled Squash, Onions, Peppers
and Eggplant served on a bed of Orzo Pilaf

Creole Style Red Beans & Rice
Stuffed Peppers (v, vg, gf)
with a Chipotle Corn Salsa

Quinoa Stuffed Eggplant (v, vg, gf)
Roasted Eggplant stuffed with Seasonal
Vegetables and Quinoa

Shepherd's Pie (v, vg, gf)
Lentils, Carrots, Peas and Pearl Onions in
Rosemary Marinara covered with Whipped
Potatoes

Barbeque Grilled Tofu (v, vg, gf)
Served on Skewers with Sweet Peppers and
Onions

Chili Relleno (v, vg, gf)
Lightly breaded Poblano Chili Pepper stuffed
with Corn and Red Beans, topped with a Spicy
Red Sauce and Vegan Cheddar Cheese

Spaghetti with Spicy Tomato Cream
Sauce (v, vg, gf)
Zesty Red Wine Tomato Sauce with Tender
Pasta Noodles

Vegan Spaghetti Carbonara (v, vg, gf)
Smoky Marinated Cremini Mushrooms and
Peas Spaghetti in a Silky Tofu and Cashew
Sauce

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SIDE DISHES

Confetti Rice Pilaf (v, vg, gf)

Roasted Vegetable Couscous (v, vg, gf)

Vegetable Medley (v, vg, gf)

Coconut Rice (v, vg)

Sesame Soy Potatoes (v, vg)

Rosemary Roasted Red Potatoes (v, vg, gf)

Roasted Cabbage (v, vg, gf)

Herb Roasted Root Vegetables (v, vg, gf)

Creamed Spinach (v, vg, gf)

Vegetable Soup (v, vg, gf)

Whiskey Glazed Carrots (v, vg)

Roasted Brussels Sprouts (v, vg, gf)

Fiesta Corn (v, vg, gf)

Spiced Sweet Potato Wedges (v, vg, gf)

Charred Cauliflower (v, vg, gf)

Braised Southern Greens (v, vg, gf)

DESSERTS

Vegan Chocolate Cake (v, vg)

with a Rich Chocolate Glaze and Fresh Berries

Almond Fruit Tartelette (v, vg)

Fresh Fruit with a Delicate Crust and Apricot Glaze

Vegan Oreo Mini Trifles (v, vg)

Mini Trifles with Whipped Cream, Chocolate Ganache and Crushed Oreos

Vegan Gluten-Free Brownies (v, vg, gf)

Delicious Chocolate Brownies

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