



# GLUTEN-FREE FARE

TO ORDER, PLEASE CALL 615.791.9779 OR EMAIL [INFO@MENUMAKERCATERING.COM](mailto:INFO@MENUMAKERCATERING.COM).

## VEGETARIAN APPETIZERS

Deviled Eggs with Truffle Oil (gf)

Crustless Quiche Bites (v, gf)

Carrot Ginger Soup Shooters (v, gf)

Chèvre Stuffed Peppadews (v, gf)

Garlic Parmesan Cauliflower Bites (v, gf)

Fruit Skewers (v, vg, gf)

Blue Cheese and Candied Pecan Stuffed Celery (v, gf)

Vegan Stuffed Red Potatoes (v, vg, gf)

Cucumber Cups with Hummus and Roasted Red Pepper (v, vg, gf)

Tomato Caprese Skewers with Balsamic Reduction (v, gf)

Parmesan Tuiles with Heirloom Tomato Salad (v, gf)

Gorgonzola Pear Polenta Rounds (v, gf)

Vegan Quinoa Stuffed Mini Peppers (v, vg, gf)

Watermelon & Feta Skewers with Mint (v, gf)

Cranberry & Almond Sweet Potato Crostini (v, gf)

*(v) vegetarian (vg) vegan (gf) gluten free*

We reserve the right to make small changes to the menu if key ingredients are unable to be sourced due to reasons beyond our control.  
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## CHICKEN APPETIZERS

Moroccan Chicken with Cucumber Relish (gf)

Chicken Satay (gf)

Thai Chicken Lettuce Wraps (gf)

## BEEF APPETIZERS

Mushroom Beef Kebabs with Creamy Horseradish (gf)

Chimichurri Beef Skewers (gf)

Peruvian Beef Skewers with Corn Salsa (gf)

## PORK APPETIZERS

Bacon and Gorgonzola Stuffed Mini Potatoes (gf)

Bacon Wrapped Dates (gf)

Stuffed Brussel Sprouts with Goat Cheese, Bacon, and Charred Red Onion (gf)

Bacon Gorgonzola Stuffed Mini Potatoes (gf)

Bacon Wrapped Scallops with Chive Oil (gf)

Prosciutto Wrapped Asparagus with Lemon Aioli (gf)

Antipasti Skewers (gf)

## SEAFOOD APPETIZERS

Risotto Cakes with Garlic Shrimp (gf)

Shrimp and Grits Shooters (gf)

Bacon Wrapped Scallops with Chive Oil (gf)

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## APPETIZER DISPLAYS

### **Cheese and Fruit Display (v, gf)**

Assorted Domestic Cheeses and Fresh Seasonal Fruit with Assorted Gluten-Free Crackers

### **Roasted Vegetable Display (v, vg, gf)**

Colorful Display of Seasonal Roasted Vegetables and Hummus

### **Charcuterie Display, (gf)**

Chef's Selection of Sliced Cured Meats Served with Gluten-Free Crackers

### **Crudités & Dip Display (v, gf)**

Seasonal Vegetables served with Creamy Green Goddess Dip

### **Mashed Potato Bar (v, gf)**

served with Cheddar Cheese, Bacon Bits, Sour Cream, Sautéed Mushrooms, and Fresh Chives

### **Smoked Salmon Display (gf)**

Thinly Sliced Smoked Salmon with Red Onions, Capers and Cucumbers

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## SALADS

### **Fiesta Corn and Bean Salad (v, vg, gf)**

Corn, Tomatoes, and Black Beans and Romaine with a Lime Vinaigrette

### **Magnolia Salad (v, gf)**

Orange Segments, Toasted Almonds, Dried Cranberries, and Goat Cheese with Citrus Vinaigrette

### **Mixed Green Salad (v, gf)**

Cherry Tomatoes, Cucumbers, Shredded Carrots with Balsamic Vinaigrette

### **Strawberry Balsamic Salad (v, gf)**

Toasted Almonds, Sliced Strawberries, Feta Cheese with Balsamic Vinaigrette

### **Winter Roast Salad (v, gf)**

Roasted Butternut Squash, Dried Cranberries, Feta Cheese and Toasted Walnuts with Champagne Vinaigrette

### **Italian Chopped Salad (v, gf)**

Cucumbers, Red Onions, Tomatoes, Olives, Chickpeas, Banana Peppers with Italian Vinaigrette

### **Arugula Salad (v, gf)**

Arugula, Dried Cherries, Nectarines, Candied Walnuts, Goat Cheese with White Wine Vinaigrette

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## CHICKEN ENTRÉES

Lemon Artichoke Chicken (gf)

Parmesan Crusted Chicken topped with Marinara and Mozzarella Cheese (gf)

Bacon-Wrapped Southern Stuffed Chicken with Pecans and Goat Cheese (gf)

Moroccan Style Chicken Thighs (gf)

Herb Roasted Bone-in Chicken (gf)

## BEEF ENTRÉES

Beef Tenderloin with Red Wine Mushroom Sauce (gf)

Slow Roasted Beef Brisket (gf)

Chimichurri Flank Steak (gf)

## PORK ENTRÉES

Cider Braised Pork Loin (gf)

Dijon Fennel Pork Loin (gf)

Rosemary Pork Loin with Pan Jus (gf)

## VEGETABLE ENTRÉES

Creole Style Stuffed Bell Pepper with Chipotle Corn Sauce (v, vg, gf)

Roasted Cauliflower Steak with Chimichurri (v, vg, gf)

Roasted Eggplant Stuffed with Quinoa and Vegetables (v, vg, gf)

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## SIDES

- Roasted Potatoes (v, vg, gf)
- Roasted Vegetables (v, vg, gf)
- Green Beans Almondine (v, vg, gf)
- Garlic Mashed Potatoes (v, vg, gf)
- Confetti Rice Pilaf (v, vg, gf)
- Creamy Cole Slaw (v, gf)
- Cucumber and Tomato Salad (v, vg, gf)
- Roasted Brussels Sprouts (v, vg, gf)
- Fiesta Corn (v, vg, gf)
- Spiced Sweet Potato Wedges (v, vg, gf)
- Charred Cauliflower (v, vg, gf)
- Chardonnay Citrus Roasted Carrots (v, vg, gf)

## DESSERTS

- Gluten-Free Fresh Fruit Mini Trifles (v, gf)
- Gluten-Free Banana Pudding, (v, gf)
- Gluten-Free Banana Pudding Mini Trifles, (v, gf)
- Gluten-Free Brownies (gf)
- Gluten-Free Cookies (gf)
- Gluten-Free Pecan Pie Tarts (gf)

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